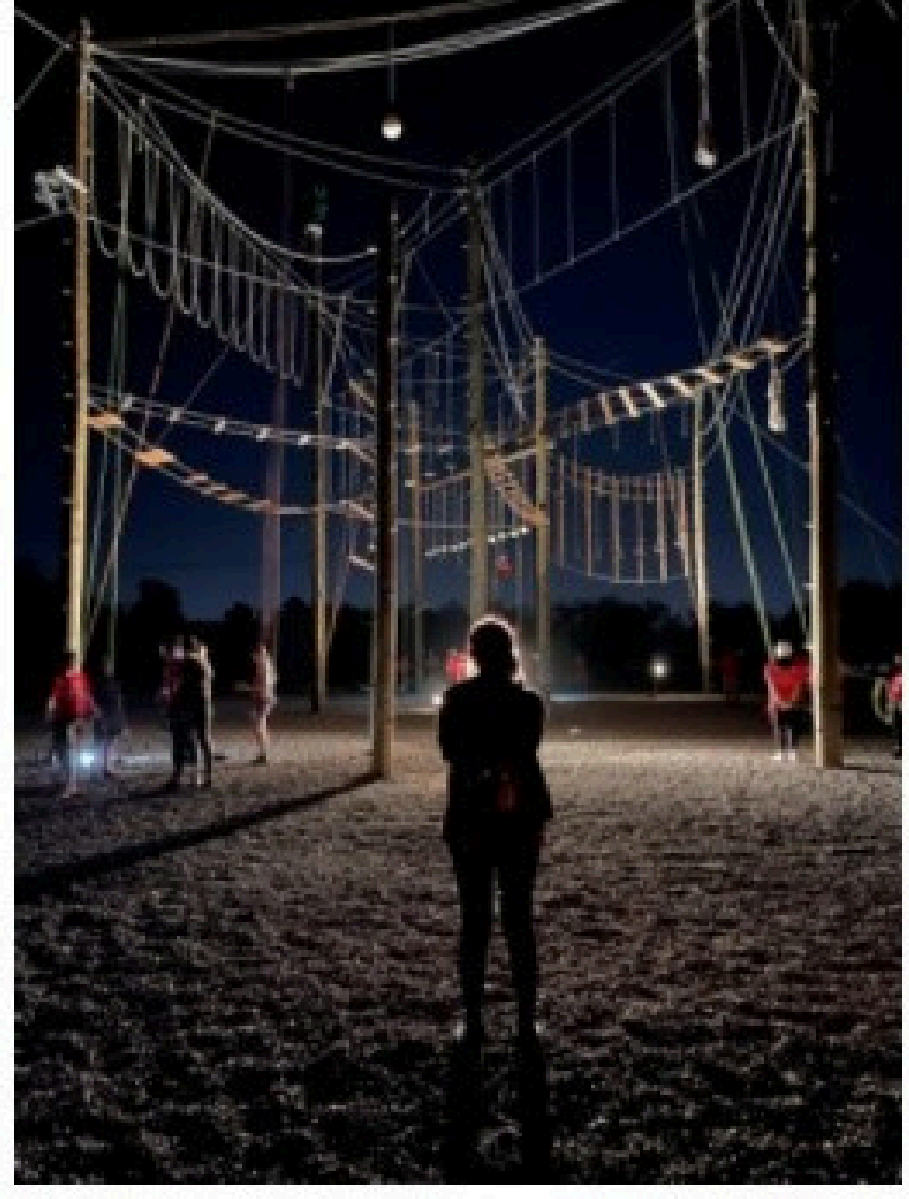




ARIZONA 4-H MILITARY TEEN ADVENTURE CAMP



THE MTAC BRINGS MILITARY YOUTH TOGETHER WITH 4-H YOUTH LEADERS, 4-H YOUTH DEVELOPMENT EXPERTS, AND VETERANS OF FOREIGN WARS VOLUNTEERS. OUR CAMP MODEL IS DESIGNED AND IMPLEMENTED BY TEENS FOR TEENS. WE WILL UTILIZE HIGH ADVENTURE ACTIVITIES TO ENCOURAGE PERSONAL LEADERSHIP, PROMOTE POSITIVE PRO-SOCIAL BEHAVIORS, AND CREATE ENGAGED CITIZENS THAT ANSWER A CALL TO ACTION UPON RETURNING TO HOME COMMUNITIES. YOUTH WILL PARTICIPATE IN TEAM-ORIENTED ACTIVITIES INCLUDING KAYAKING, ROPES/CHALLENGE COURSES, BLACKSMITHING COMPETITION, BACKCOUNTRY HIKING, SHOOTING SPORTS (ARCHERY, RIFLE, AND PISTOL), AND BUSHCRAFT SURVIVAL SKILLS.



CAMPS LIFE SKILL OBJECTIVES

- TAKE RESPONSIBILITY FOR OWN ACTIONS (SELF-RESPONSIBILITY)
- FIND ANSWERS TO QUESTIONS (DECISION-MAKING)
- ADAPT TO CHANGE (RESILIENCY)
- LISTEN TO THE OPINIONS OF OTHERS (COOPERATION)
- LIVE AND WORK WITH OTHERS (RESPONSIBLE CITIZENSHIP)
- FIND SOLUTIONS TO PROBLEMS (PROBLEM-SOLVING)



MENTAL HEALTH & WELL-BEING

CAMP ACTIVITIES CAN BE INTIMIDATING, AND PROGRAMS ARE NATURALLY DESIGNED TO EASE YOUTH INTO CHALLENGING SITUATIONS. WHEN THE ACTIVITY RISK MAY APPEAR TO BE HIGH, THE PHILOSOPHY OF "CHALLENGE BY CHOICE" WILL BE COMMUNICATED WITH CAMPERS ALLOWING THEM TO CHOOSE IF, WHEN, AND HOW FAR THEY WILL STEP OUTSIDE THEIR "COMFORT ZONE".

AMY PARROTT, JOSHUA FARELLA, LIZ SPARKS, CAROLINE WERKHOVEN, JENNA MENNETTI & GEORGE STEFANAKIS

~ ARIZONA 4-H YOUTH DEVELOPMENT ~

